

GLUTEN FREE BREAKFAST

Ingredients:

1/4 cup rolled oats

1/2 banana mashed

1/4 cup almond milk

1/2 Tbls. Raw cacao

1 Tbls. organic peanut butter or almond butter

Directions:

Mix all ingredients except peanut butter and warm in saucepan on stove top.

Top with peanut butter or almond butter.